



## The Cambridge Primary School Early Help Policy 2026

### What is Early Help?

The purpose of early help is to prevent issues and problems becoming serious and harmful to a child or young person, their family and community. When children and families need this extra support, they often need it quickly.

### Our Early Help Offer

The Cambridge is committed to striving to ensure concerns, no matter how small, are listened to and supported effectively, maximising the chances of effectively safeguarding all of our children.

Our early help support for pupils includes:

- **Nurture Groups** - small group interventions to support social, emotional and behavioural development
- **ELSA (Emotional Literacy Support Assistant) programme** - one-to-one and small group support for emotional wellbeing
- **Primary Behaviour Service (PBS) consultations and visits** - specialist advice and strategies for managing behaviour
- **Targeted academic interventions** - additional support for literacy, numeracy and other curriculum areas
- **Pastoral support** - including mentoring, check-ins with trusted adults, and lunchtime/breaktime support
- Promoting good attendance and punctuality through our attendance procedures
- Promoting self-esteem and confidence through our curriculum and wider school activities
- Promoting positive behaviour and positive attitudes to learning
- Providing individualised support tailored to each child's needs

Our early help support for families includes:

- **Family Support Service referrals** - access to specialist family support workers
- **Information and signposting** to other services in the local area (e.g., housing, benefits advice, foodbanks, mental health services, parenting courses)
- **Practical assistance** - completing paperwork and forms (e.g., housing applications, DLA forms, school admissions)
- **Attendance and support at meetings** - school meetings, multi-agency meetings, appointments with other services
- **Advice and support** in promoting positive behaviour at home
- **Parent workshops** - available throughout the year covering topics such as supporting learning at home, managing behaviour, online safety, and wellbeing

- **Guidance with career and personal development** - access to training and development opportunities
- **Foodbank vouchers/referrals** for families experiencing financial hardship

We work with a range of external agencies to provide specialist support:

- **School Nurse** - health advice, consultations and health assessments
- **Educational Psychologist** - assessment, advice and consultation on learning and behaviour
- **NHS Speech and Language Therapy** - assessment and intervention for communication difficulties
- **Occupational Therapy** - assessment and support for sensory and motor difficulties
- **Physiotherapy** - physical health support
- **Paediatrician** - medical assessment and diagnosis
- **CAMHS (Child and Adolescent Mental Health Service)** - specialist mental health support
- **CAMHS Mental Health School Team** - early intervention mental health support in school
- **Hampshire Family Support Service** - intensive family support
- **Early Help Hub** - coordination of multi-agency early help

This list is not exhaustive, and we will work with any appropriate service to meet the needs of our children and families.

If you would like any more information regarding our Early Help Offer or would like support please contact either Mr Tomlinson (SENCo) on [senco@cambridgeschool.hants.sch.uk](mailto:senco@cambridgeschool.hants.sch.uk) or Mrs Vaiva on [fsa@cambridgeschool.hants.sch.uk](mailto:fsa@cambridgeschool.hants.sch.uk)