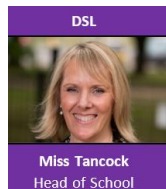




The Cambridge Primary School



Newsletter – Spring 2 Issued 13th March 2026



Miss Tancock
Head of School

DSL contact:

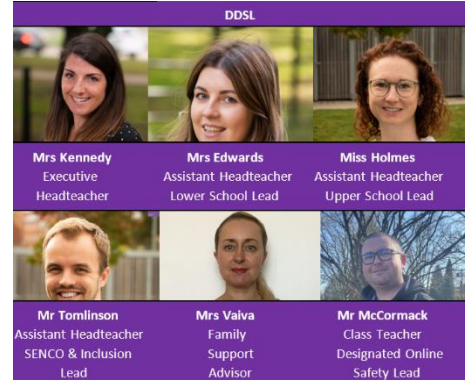
dsl@cambridgeschool.hants.sch.uk

Tel: 01252314884

Our Safeguarding Team

Our safeguarding team includes a Designated Safeguarding Lead (DSL) and Deputy Designated Safeguarding leads (DDSL).

The named safeguarding governor is Mrs Pitfield
chairofgovernors@cambridgeschool.hants.sch.uk



Mrs Kennedy
Executive Headteacher

Mrs Edwards
Assistant Headteacher Lower School Lead

Miss Holmes
Assistant Headteacher Upper School Lead

Mr Tomlinson
Assistant Headteacher SENCO & Inclusion Lead

Mrs Valva
Family Support Advisor

Mr McCormack
Class Teacher Designated Online Safety Lead

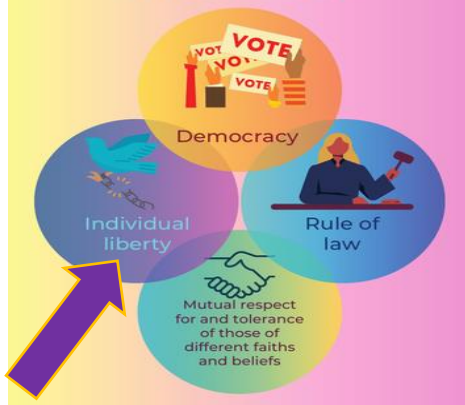
In this issue:

- British Values spotlight – Individual Liberty
- NSPCC-Speak out Stay safe
- Road safety
- Online safety- YouTube Kids

If you have any suggestions for our safeguarding newsletter or would like to know more information about any safeguarding topics, please contact: info@cambridgeschool.hants.sch.uk or speak to one of the safeguarding team.

British Values Spotlight

WHAT ARE THE FUNDAMENTAL BRITISH VALUES?



We actively promote British values to ensure young people leave school prepared for life in modern Britain.

Spotlight-Individual Liberty

Individual liberty means having the freedom to make your own choices, think for yourself, and express who you are, as long as you do not hurt others or break rules. It is about being responsible for your own actions and respecting that everyone else has the same rights to be different.

Individual liberty helps children build confidence, independence, and self-esteem by allowing them to be themselves in a safe environment.

Examples of Individual Liberty at School:

- Choosing to play with different friends or picking games at lunchtime.
- Having a voice to share your own opinions and ideas.
- Using the internet safely to learn and explore, making your own choices online.
- Deciding how to spend your free time.

Key Concepts for Children:

- **Making Choices:** You have the power to decide things for yourself, such as what to play with, which clubs to join, or what to believe.
- **Being Yourself:** You are free to express your own opinions, follow your own style, and be unique.
- **With Respect:** Liberty doesn't mean doing "whatever you want." It means acting freely while respecting the rights, safety, and feelings of others.
- **Responsibility:** As you grow, you learn to make good, safe choices and understand that your actions have consequences.

NSPCC-Speak out Stay safe

At the beginning of February, the children took part in the NSPCC Speak out Stay safe programme. This included virtual assemblies and workshops.

Speak out. Stay safe is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, to either a safe adult or Childline.

Classroom poster

The Cambridge Primary School
Queens Road, Witlesey, Aldershot, Hampshire, GU11 4AA
Telephone: 01252 314884 | Email: info@cambridgeschool.hants.sch.uk
www.cambridgeschool.hants.sch.uk

If you are worried about anything, speak to a trusted adult.
This might be an adult at home, at school or one of the Safeguarding Team.

Miss Tancock, Mrs Kennedy, Mrs Vains, Mr Tomlinson, Miss Holmes, Mrs Edwards, Mr McCormack
Assistant Head (DSL), Head Teacher (DSL), Family Support Advisor (DSL), SENCO & Inclusion, Assistant Head (DSL), Lower School Lead & Assistant Head (DSL), Upper School Lead (DSL)

NSPCC
Speak out. Stay safe.

Or talk to Childline
0800 1111
childline.org.uk

The children completed some activities in class, including identifying their safe adults at home and at school.

They explored the Childline website, which has many resources and even games the children can play.

HOW ARE YOU FEELING?
Good Okay Bad Anxious
Depressed Overwhelmed

Share what's making you feel good.
Answer our question of the week!
Play a game.
Find new ways to get involved.

NEED TO TALK?

Send a message
Sign up to send a message to Childline and get a response within a day.

Get support
We're here for you on the phone or online. Or try getting support from other young people on our message boards.

Contacting Childline
You can talk to us about anything, call us on 0800 1111 or chat to us online.

Message boards
Share your experiences, have fun and get support from other young people in similar situations.

ADVICE RIGHT NOW

Living in care
Find out what it's like to live in care and how we can support you.

Grooming
Find out what grooming is and what to do if you're worried.

Bullying on social media
We've got advice on how to block people and report bullying on different apps and sites.

Building confidence and self-esteem
If you want to build confidence and bring out your best self, use our tips to help you.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

www.nspcc.org.uk/parents

Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/onlinesafety

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at: www.nspcc.org.uk/pants.

Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities

Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

www.childline.org.uk/buddy

(5-7)

www.childline.org.uk/kids

(7-11)

TALK PANTS LIKE PANTOSAURUS!

PRIVATE ARE PRIVATE

ALWAYS REMEMBER YOUR BODY BELONGS TO YOU

NO MEANS NO

TALK ABOUT SECRETS THAT UPSET YOU

SPEAK UP, SOMEONE CAN HELP

NSPCC
EVERY CHILDHOOD IS WORTH FIGHTING FOR

Road Safety

We have noticed many children running across Queens Road as they leave school to visit the park. They often look right at the traffic coming down from Hospital Hill which is usually stationary but then do not look left and run for the kerb.

We have also seen some unsafe scooting with children veering off the pavement and into the road when turning corners or overtaking pedestrians.

We will remind the children in school about road safety and would ask that you remind the children too.

There are some great ideas for talking to your child about road safety on the [Child Accident Prevention Trust](#) website and the government [Think!](#) Website.

Please also see the information about helmets below.



General Guidance

Helmets

1. Wear it always

Helmets should be worn every time a child is cycling, skateboarding, scootering, to prevent serious injury from falls or crashes.

2. Check the fit

A helmet should fit snugly and sit level on the head, covering the forehead. Use the two-finger method to check the tightness of the chinstrap – no more than two fingers should fit between the chin and the strap.

3. Fasten the strap

The chinstrap must be buckled and snug for the helmet to be effective.

4. Look for safety standards

Ensure the helmet meets relevant safety standards, such as the BS EN 1080 (for children) or EN 1078 (for adults) in Europe.

5. Check for damage

Regularly inspect the helmet for any damage, as a compromised helmet will not provide adequate protection.

Please ensure your child has a helmet and remind them to put it on before they start travelling. Children should wear a properly fitted, safety-standard certified helmet for activities like cycling, scootering and skateboarding to prevent head injuries. See the [Road Safety factsheet from ROSPA](#) and the guidance on [finding the right size helmet](#) for your child.

Who to contact if you are concerned about a child

If you are worried about a child's safety, please do not hesitate to contact a member of the DSL Team via the school office info@cambridgeschol.hans.sch.uk

For general concerns about a child's safety: Contact Hampshire Children's Services at 0300 555 1384 during office hours or 0300 555 1373 out of hours.

Online Safety

If you require any guidance or would like advice about online safety, Mr McCormack will be able to help. Please do not hesitate to contact the office.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about YOUTUBE KIDS

YouTube Kids is a child-friendly version of YouTube which offers a colourful and easy-to-navigate environment that's suitable for young children. This app is easily accessible and available for mobile devices, which can be downloaded without needing the YouTube app on the device. Despite YouTube Kids seeming like a very child-friendly platform, it has raised concerns over its advertising and inappropriate content seeping through the curation process.

SETTING UP

- 1 Download the YouTube Kids app and connect your own YouTube channel.
- 2 Input your child's name, age and birth month.
- 3 Select the types of videos you want to include for your child based on their age and your own personal choice.
- 4 If you decide to approve the content yourself, the app will present you with sample videos for you to accept and reject.
- 5 Once you've made your choice, you're ready to use the app!

Advice for Parents & Carers

<h4>REMOVE ADVERTISEMENTS</h4> <p>Like YouTube, adverts on YouTube Kids are also quite pervasive. If you decide you don't want your child being exposed to adverts, you can subscribe to YouTube Premium which will remove adverts on YouTube Kids. However, it's worth remembering that this doesn't block adverts that content creators decide to make as part of their content, and children are still able to access channels from branded fast food or toy companies.</p>	<h4>BE WARY OF UNSUITABLE CONTENT</h4> <p>YouTube Kids has a far lower chance of showing unsuitable material than YouTube, but there are still reports of malicious users deliberately uploading inappropriate content. It's important that your child feels able to talk to you if they were ever exposed to upsetting content in the future. It's also safest to report inappropriate videos: tap the three dots in the corner of the video and select 'Report'.</p>	<h4>DISABLE SEARCH OPTION</h4> <p>YouTube Kids allows you to disable the search feature, which you may find useful in preventing your child from unintentionally finding age-inappropriate content. Doing this will also give you more control over what your child is watching. It's also worth noting that setting an age limit will ensure that your child is only exposed to recommended videos that are deemed suitable for their age group.</p>
<h4>RESTRICT VIEWING TIME</h4> <p>The YouTube Kids app provides you with the option of setting up a timer to monitor and limit your child's daily usage, which automatically stops the video when it reaches the set time. It may be best to make use of this feature to prevent screen addiction - which can potentially lead to children staying up too late, affecting their mood and concentration the following day.</p>	<h4>MONITOR WATCH HISTORY</h4> <p>YouTube Kids has also made it possible for parents and carers to see what their children are watching on the app by clicking on the 'Recommended' icon on the top right of the home screen. It may also be worth having a look at what your child has recently watched by clicking on their history tab. The red bar on the video shows how much of the video has been watched.</p>	<h4>WATCH TOGETHER</h4> <p>It's important to make YouTube Kids a fun and positive experience for your child. This may require spending time finding channels and content that you and your child will enjoy and benefit from. Try introducing family sessions where you can share the most enjoyable videos that you and your child have recently watched. This can be a great way of giving you and your child many new things to talk about with each other.</p>

Meet Our Expert

Claire Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



National Online Safety

#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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