



The Cambridge Primary School Anti-Bullying Policy

A piece of paper
explaining what we
think about bullying

What is bullying?

SEVERAL
TIMES
ON
PURPOSE

Bullying is when someone hurts someone else and it is repeated.

This can be:

Online: Hurtful actions towards someone on social media, phones or gaming.

Emotional: Making someone feel scared, embarrassed or intimidated.

Physical: Repeated behaviors may include hitting, kicking, pushing.

Verbal: Name-calling, gossiping or threatening.

I think I am being bullied...
What shall I do?

START TELLING OTHER PEOPLE



- Tell them to **STOP**
- Tell someone you trust
This may be a friend, family member or teacher.
- Your teacher will talk to you to find out more.
- Be open and honest.
- The adults will support you to feel happier and safer.

