



# The Cambridge Early Help Offer

Queens Avenue • Wellesley • Aldershot • Hampshire • GU11 4AA



## What is Early Help?

The purpose of early help is to prevent issues and problems becoming serious and harmful to a child or young person, their family and community. When children and families need this extra support, they often need it quickly.

## What does Early Help include?

Support for pupils which includes:

- Promoting good attendance and punctuality.
- Promoting self-esteem and confidence.
- Promoting positive behaviour and positive attitudes to learning.
- Providing individualised support.

Support for families which includes:

- Providing information and signposting to other services in the local area.
- Liaising with a range of external services such as housing and Family Support Workers.
- Assistance in completing paperwork and forms e.g. housing, foodbank vouchers, attendance and support at school and other agency meetings.
- Advice and support in promoting positive behaviour at home.
- Guidance with career and personal development and access to training and workshops in school.

## Our Early Help Offer

The Cambridge is committed to striving to ensure concerns, no matter how small, are listened to and supported effectively, maximising the chances of effectively safeguarding all of our children. The following list, although not exhaustive, indicates the type of Early Help support available:

- Nurture Groups
- ELSA programme of support
- Primary Behaviour Service (PBS) consultations and visits
- Family Support Service referrals
- Visits, advice and consultations with the School Nurse
- Visits, advice and consultations with an Educational Psychologist
- Referrals to NHS Speech and Language, Occupational Therapy and Physiotherapists
- Referrals to paediatrician
- Referrals to CAMHS (Children, Adolescent Mental Health Service)
- Visits with CAMHS Mental Health School Team
- Food bank vouchers/referrals
- Support completing paperwork e.g. DLA forms
- Parents workshops available throughout the year for parents to attend.

If you would like any more information regarding our Early Help Offer or would like support please contact Mr Tomlinson at [senco@cambridgeschool.hants.sch.uk](mailto:senco@cambridgeschool.hants.sch.uk) or our Family Support Advisor, Mrs Vaiva at [fsa@cambridgeschool.hants.sch.uk](mailto:fsa@cambridgeschool.hants.sch.uk).

