



## Covid Isolation/quarantine rules - what if?

### 1. What if my child has symptoms and doesn't get a test or test is unclear/inconclusive?

- Your child is to isolate for 10 days from start of symptoms (new persistent cough, temperature of 37.8 C or above, loss of sense of smell or taste).
- Siblings and household to isolate for 14 days from start of the child's symptoms.
- Your child can come back to school after 10 days if your child has no symptoms and has not had a temperature for 48 hours before proposed return date (your child can come back if just cough and loss of sense of smell or taste but not if still has temperature).
- Siblings can come back after 14 days if no symptoms and have not had a temperature for 48 hours before proposed return date.
- If someone else in household shows symptoms during 14 day period, can still return as above. The 14 day isolation period does not start again.

### 2. What if my child has symptoms, has a test and it is positive ?

- Your child is to isolate for 10 days from start of symptoms.
- Siblings and household to isolate for 14 days from start of your child's symptoms.
- Your child can come back to school after 10 days if your child has no symptoms and has not had a temperature for 48 hours before proposed return date (can come back if just cough and loss of sense of smell or taste but not if still has temperature) .
- Siblings can come back after 14 days if no symptoms and have not had a temperature for 48 hours before proposed return date.
- If someone else in household shows symptoms during 14 day period, can still return as above. The 14 day isolation period does not start again.

### 3. What if my child has no symptoms but has been tested and test is positive?

- Your child is to isolate for 10 days from date of test.
- Siblings and household to isolate for 14 days from date of pupil's test.
- Your child can come back to school after 10 days if pupil has no symptoms and has not had a temperature for 48 hours before proposed return date.
- Siblings can come back after 14 days if no symptoms and have not had a temperature for 48 hours before proposed return date.
- If someone else in household shows symptoms during 14 day period, pupil can still return as above. The 14 day isolation period does not start again.
- If pupil develops symptoms after the test ( within the 10 day isolation period) pupil must then isolate for 10 days from the date the symptoms start. Siblings and household must then start a further 14 day isolation period from the date that pupil developed symptoms. (PTO)

- Pupil can come back to school after 10 day period if pupil has no symptoms and has not had a temperature for 48 hours before proposed return date ( can come back if just cough and loss of sense of smell or taste but not if still has temperature.
- Siblings can come back after new 14 day period if no symptoms and have not had a temperature for 48 hours before proposed return date.

#### **4. What if my child has symptoms, has a test and it is negative?**

- Your child can return to school provided your child has not had a temperature for 48 hours before proposed return date and they feel well. ( can come back if just cough and loss of sense of smell or taste but not if still has temperature)
- NB: If pupil has diarrhoea or sickness they must stay at home until 48 hours after they've stopped.

#### **5. What if someone in my child's household has symptoms and doesn't get a test or the test is unclear/ inconclusive?**

- Your child and any siblings and household to isolate for 14 days from date person in household started to have symptoms.
- Your child and siblings can come back after 14 days if no symptoms and have not had a temperature for 48 hours before proposed return date.
- If someone else in household (not sibling or pupil) shows symptoms during 14 day period, siblings and your child can still return as above if not showing any symptoms. The 14 day isolation period does not start again.

#### **6. What if someone in your child's household has symptoms , has a test and it is positive?**

- Your child and any siblings to isolate for 14 days from start of symptoms of other household person.
- Your child and siblings can come back after 14 days if no symptoms and have not had a temperature for 48 hours before proposed return date.
- If someone else in household (not siblings or pupil) shows symptoms during 14 day period, siblings and pupil can still return as above if not showing any symptoms. The 14 day isolation period does not start again.

#### **7. What if someone in my child's household has symptoms, has a test and it is negative?**

- Your child can then return to school if no symptoms and has not had a temperature for 48 hours before proposed return date.

#### **8. What if my child develops symptoms whilst isolating due to sibling or household having symptoms, only pupil has a test and test is negative ?**

- Your child should continue to isolate for the original 14 day period.
- Your child can then return to school if no symptoms and has not had a temperature for 48 hours before proposed return date.

**9. What if my child develops symptoms whilst isolating due to sibling or household having symptoms, pupil has a test and test is positive?**

- Your child must then start isolating for 10 days from the date symptoms started (this may then extend beyond the original 14 day isolation period).
- Your child can come back to school after 10 days if no symptoms and has not had a temperature for 48 hours before proposed return date ( can come back if just cough and loss of sense of smell or taste but not if still has temperature).
- Siblings can come back after original 14 day isolation period if no symptoms and have not had a temperature for 48 hours before proposed return date. The 14 day isolation period does not start again.

Track & Trace isolation

**10. What if my child is told to isolate by track and trace but doesn't develop symptoms during 14 days isolation?**

- Follow instructions given by track and trace.
- Your child is to isolate for 14 days from date stated by track and trace.
- Your child can come back after 14 days if no symptoms and has not had a temperature for 48 hours before proposed return date.

**11. What if my child is told to isolate by track and trace but gets a test and it is negative?**

- Follow instructions given by track and trace.
- Your child must still isolate for 14 days from date stated by track and trace.
- Your child can come back after 14 days if no symptoms and has not had a temperature for 48 hours before proposed return date.

**12. What if my child told to isolate by track and trace and develops symptoms during 14 days isolation?**

Refer to individual scenarios above.

Quarantine after travelling abroad

**13. What if my child returns to UK from abroad and is required to quarantine**

- Your child must quarantine for 14 days from return to UK.
- Your child can then return to school if no symptoms and has not had a temperature for 48 hours before proposed return date.

**14. What if other household members have been abroad and are required to quarantine upon return but pupil did not travel abroad.**

- Your child can come into school as usual if no symptoms and has not had a temperature for 48 hours before proposed return date.

Reference sources for the above rules:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/what-your-test-result-means/>

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

<https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk>